## Poetry 2019-2020

To the testament of time In the woods of a wild heart

Set down your ego at the trail head To the summit of knowing

Walk with an open mind beyond the bonds of fear Of expectation

Leaves of a forest Turning sunlight into energy Into sugar, into community the loom of interdependence and support

The canopy greets the dawn reaching for the sunlight like the blankets of time enveloping you

Let the leaves sing their alternate hour glass. Of <u>rain</u>, dancing sunshine and the orchestra of a coming storm,

Welcome the changes, the rain and the inevitability or erosion Of the moment of alchemy Of water mixing into minerals Map of memory A curtain of existence on the seleton of a city Open floor plan A cubicle, a lot, a store front of hope.

Streets of ice and tumbling rumbling cars.

A parade. A life parade of friends, questions and sensations. Of gratitude and non-verbal magic.

That shared language of empathy and intimacy.

Chicago the city of love, loss, an endless roulette of beautiful minds.

## Standalone stanzas

I love the idea that anything on earth including us is never standing still. Always under the gravitational pull of earth, planets, galaxies We are the sails in the winds of gravity We are meant to learn, dance, flow

Your mind is a garden Your words are the seed Your deeds are the harvest

Love like you mean it Live like you believe in a tomorrow Learn to love yourself Strive for kindness

Lest you forget you are the child of the universe The ancestors are your stars To guide you

(In Krakow church or in Venice)

A procession of the prayerful Come to leave a hope A little wave of intent

The winds of fear of frustrations of climate change on the tongues and minds of many